



## FOR KIDS TO LEARN

## **HEALTHY HABITS**













MOVE YOUR BODY

EAT HEALTHY FOOD

**DRINK WATER** 

- TYING SHOE LACES AND BUTTONING UP YOUR SHIRT.
- PACKING AND ZIPPING HIS/HER SCHOOL BAG.
- KEEP YOUR ROOM CLEAN AND WELL ORGANIZED.
- TURNING PAGES OF A BOOK.
- WATERING THE PLANTS USING SPRAY BOTTLES.
- GREET EVERYONE WITH A SMILE.
- SITTING AT THE DINING TABLE WITH THE FAMILY TO EAT THE MEALS.
- USING PROPER TABLE MANNERS.
- SPEND TIME WITH GRANDPARENTS AND HELP THEM.
- PLAY INDOOR GAMES. WITH BLOCKS AND PUZZLES
- DO EXERCISE--JUMP, HOP, RUN, DANCE.
- SING SONGS LISTEN MUSIC AND DO YOGA DAILY.



## **LET'S CONVERSE IN ENGLISH**









How are you? I am good. Thankyou.



May I go to the washroom?



May I come in?



## **BASIC SHAPES**

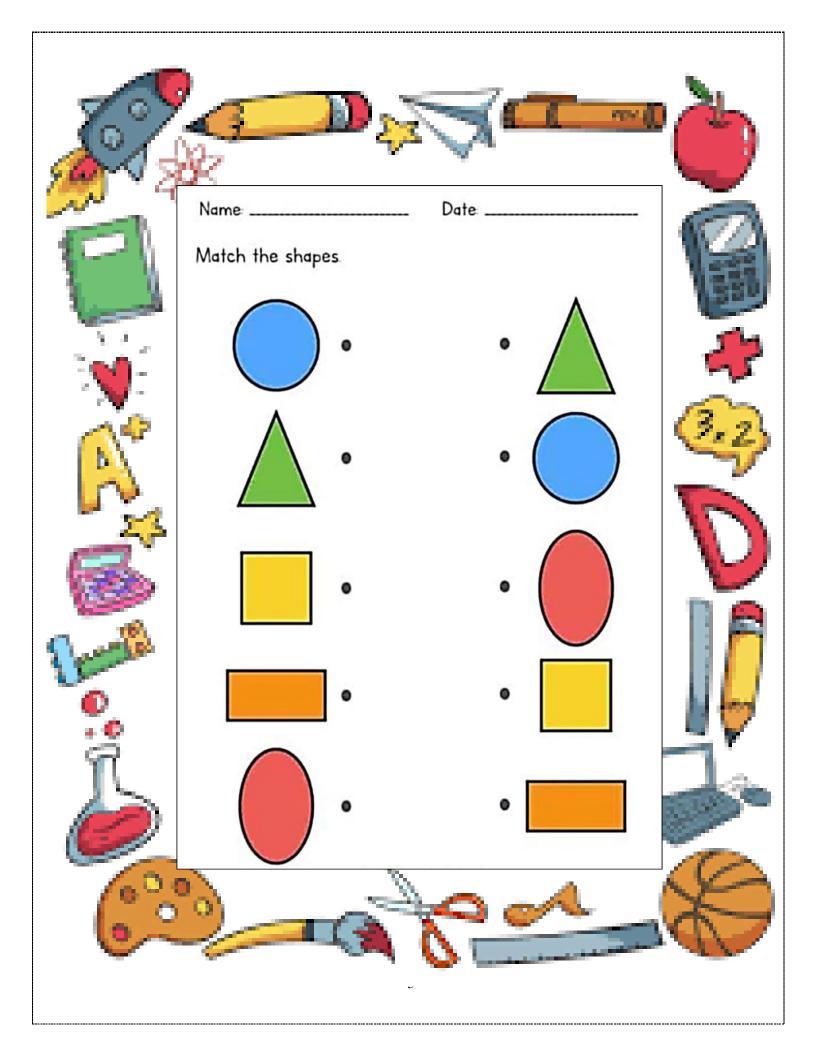


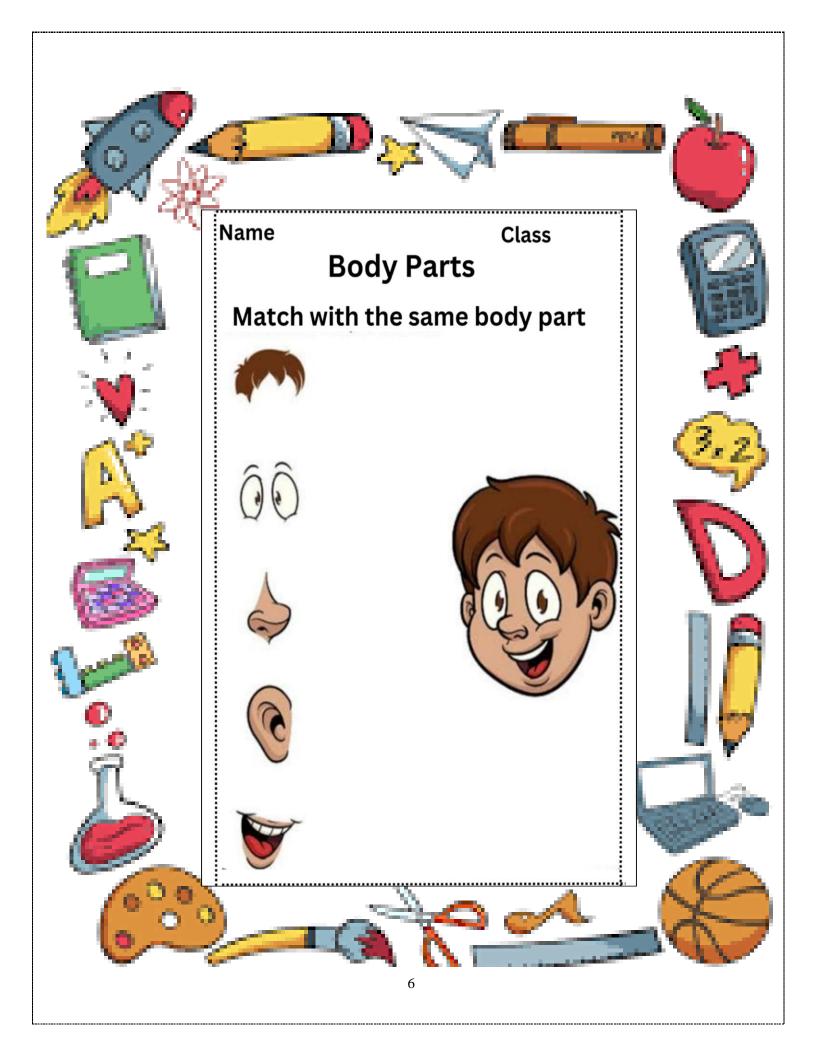


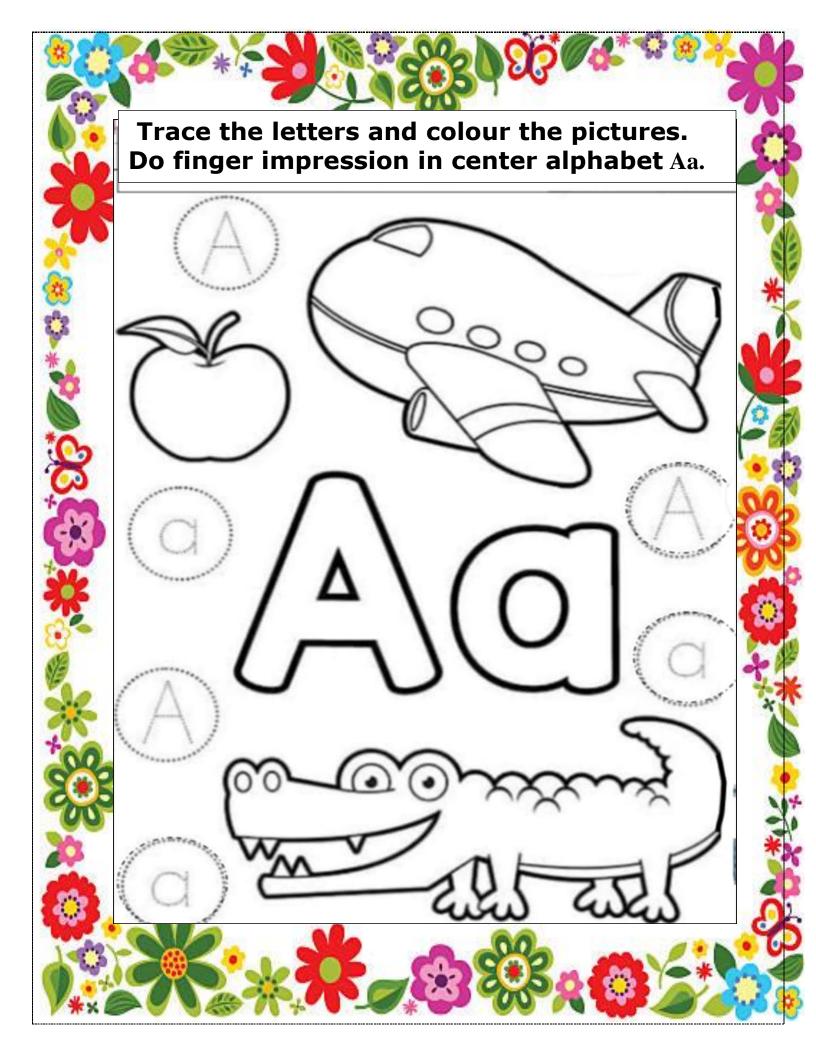




**RECTANGLE** 

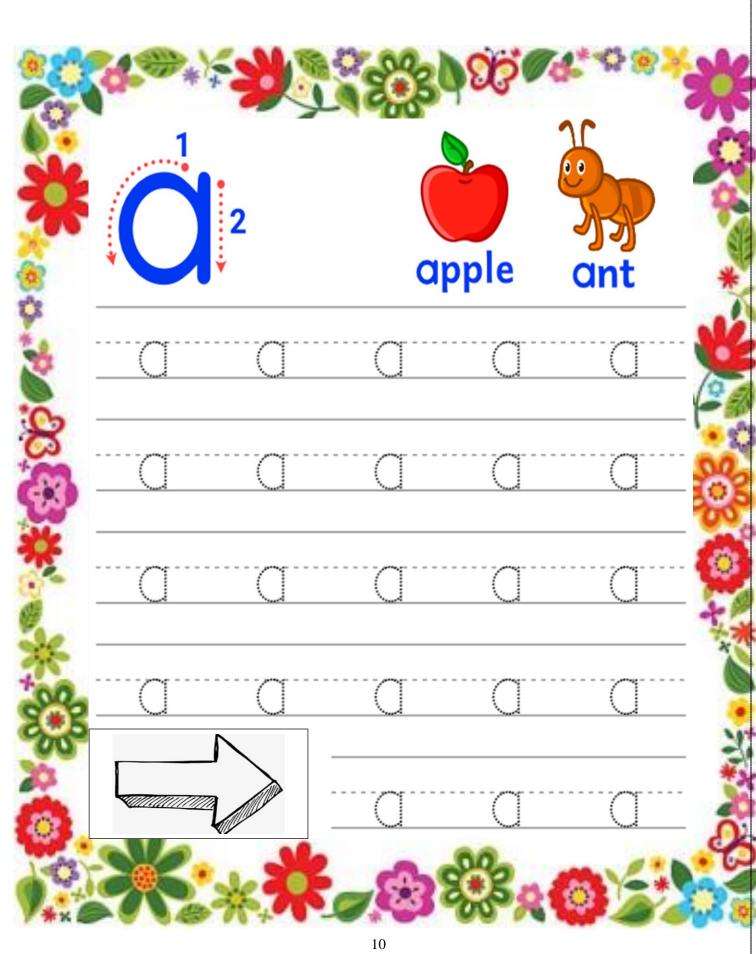




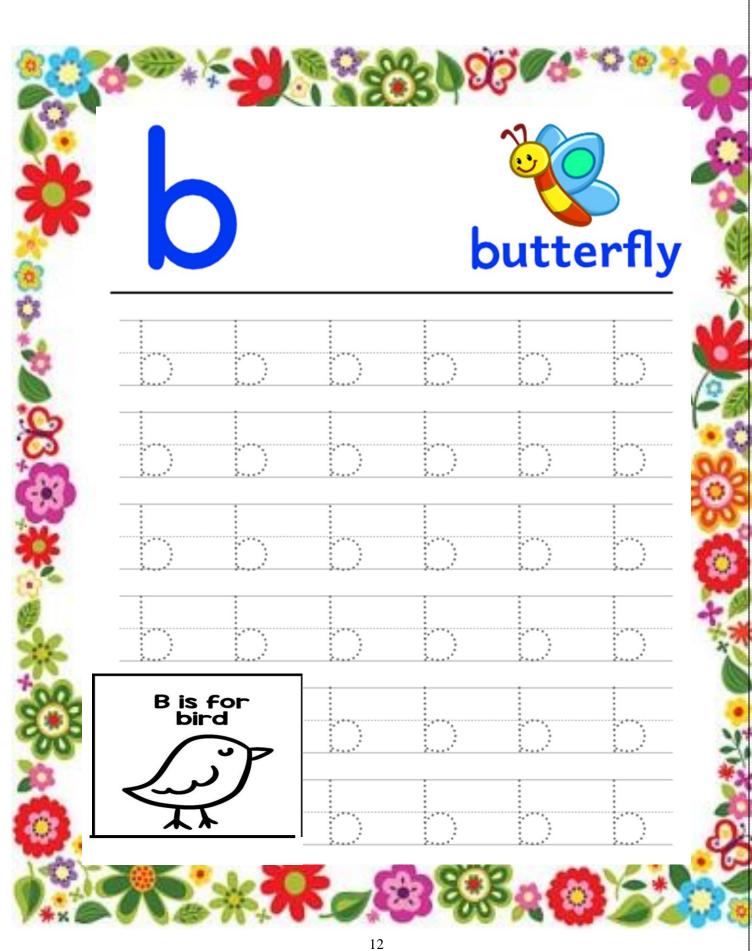


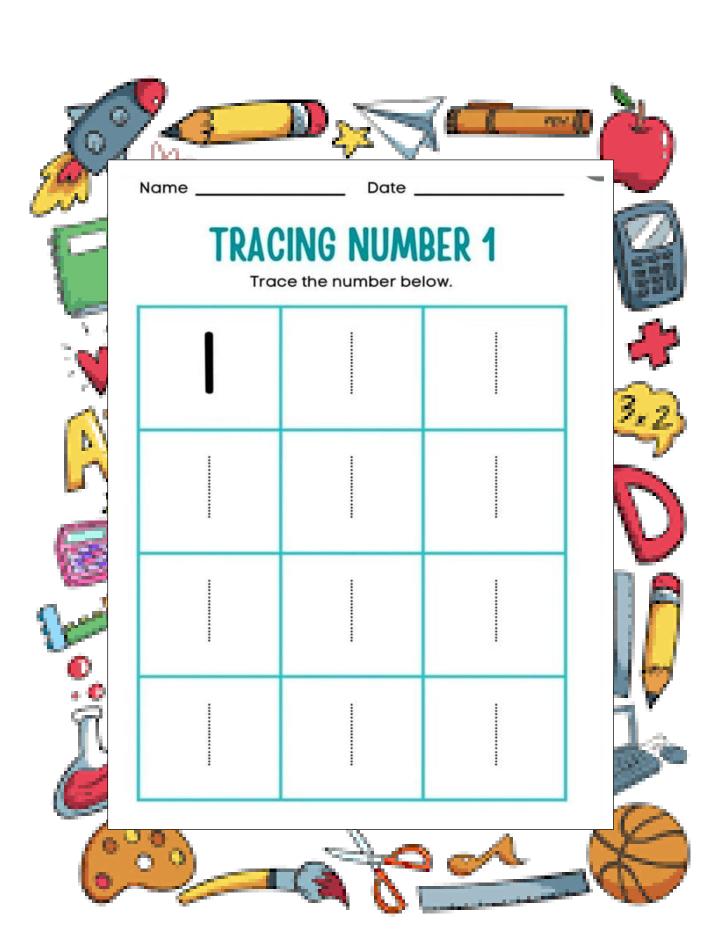


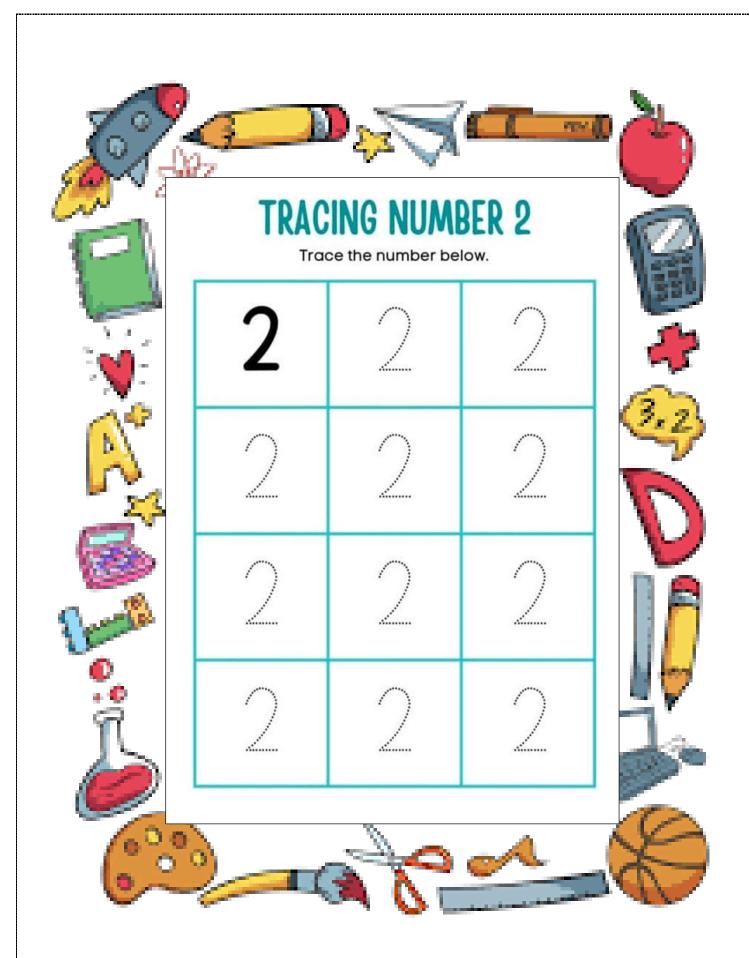












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